

OSHER  
LIFELONG  
LEARNING  
INSTITUTE



Division of Continuing Education

# You'll fit right in

Find your fit with OLLI this spring.

*Instructor*

YOU

*Member*

YOU

*Volunteer*

*Leader*

YOU

YOU

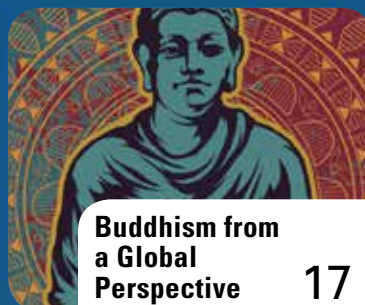
*Team  
Member*

**SPRING  
ENROLLMENT  
OPENS MARCH 2**



**Marineland Dolphin  
Adventure**

**12**



**Buddhism from  
a Global  
Perspective**

**17**



**The Real  
Motown Story**

**23**



Live Well.  
Learn Forever.

## A MESSAGE FROM YOUR OLLI PRESIDENT



**CYNDY RYLANT**  
**UNF OLLI PRESIDENT**

Do you or does someone you know enjoy enormous jigsaw puzzles comprised of more than 1,000 pieces? Completion requires experience and ingenuity. Each puzzle piece is unique. Each piece has a unique role in the puzzle's successful completion. Fitting pieces to their correct spaces requires patience and persistence. Without all of the pieces the puzzle is incomplete. When you are fitting the puzzle pieces together, you must look closely for the space that is the correct match for the piece. Completing a puzzle brings a sense of pride and feelings of success, accomplishment or mastery.

When OLLI was established eight years ago it might have been compared to a toddler's puzzle comprised of a few large scale, well defined pieces that fit into clearly defined forms. Today OLLI operates similar to a large scale jigsaw puzzle comprised of 1,400 pieces, each representing a member that plays or can play an important and unique role in the program's success.

As we have grown and matured, OLLI's programs and volunteer opportunities represent unique pieces in our members' lives. Members who invest their community service in OLLI consider their volunteer activities to be an important part of their ongoing lifelong learning journey. Members in leadership roles work hard to ensure that the contours and content of volunteer roles represent seamless matches to each member's interests, skills and schedules.

The OLLI puzzle is not complete without you! What piece do you represent in the OLLI puzzle? What piece can OLLI represent in the puzzle of your life's second half?

**Live well. Learn forever.**

## OUR VALUED PARTNERS



**See page 8 for partner sponsored programs.**

## SPRING EVENT

# A Brand Called You

## OLLI MEMBER SHOWCASE

**SAVE THE DATE! Monday, May 18**

**Make plans to join us. Details coming soon!**



You're invited to become a member of the  
University Club and enjoy:

Free breakfast, Free lunch  
dinner and happy hours in an upscale atmosphere

Business lounge with complimentary coffee and WIFI

Calendar full of monthly events such as Cooking Classes,  
Wine Tastings, Family Dining, 'Cocktails for a Cause' and much more!

Athletics facility with a week of group fitness classes, massage therapy and personal training

Reciprocity in 6 other local clubs such as  
Deercreek and Queen's Harbour with cart fee only golf\*

Membership in 200 clubs across the U.S.

**\$165 per month**

Special Preferred Initiation Fee \$100

Normally \$750 initiation

Contact Shannon in the Club's membership department  
at 904-396-1687 or [Shannon.mcquarry@ourclub.com](mailto:Shannon.mcquarry@ourclub.com)



# UPCOMING COURSES

Classes are organized by weekday, then listed in the following order:

- Calendar date
- Time of day
- Alphabetical by title (if multiple classes start at one time)

*Classes take place at the University of North Florida unless stated otherwise.*



See page 35 for enrollment options.



## MONDAY ▼

**09** **NEW** **THE WAR OF THE ROSES**  
March 23 – 30, 9:30 to 11 a.m.

**09** **NEW** **TED TALKS: LANGUAGE AND COMMUNICATION**  
March 23 – April 20, 1:30 to 3 p.m.

**09** **NEW** **BREAKING NEWS**  
April 6 – May 11, 9:30 to 11:30 a.m.

**09** **WHY PAY WALL STREET – LEARN TO INVEST SAFELY**  
April 6 – 20, 9:30 to 11 a.m.

**09** **NEW** **CHALLENGES OF WORLD POVERTY**  
April 6 – May 11, 11:30 a.m. to 1 p.m.

**10** **NEW** **THE BIG BANDS: THE UNKNOWN HISTORY OF THE BLACK BANDS**  
April 13 – May 11, 1:30 to 3 p.m.

**10** **NEW** **GETTING IN TOUCH WITH YOUR INNER COOKIE OR BAKING AS AN ADVANCED FORM OF MEDITATION**  
April 13 – May 4, 1:30 to 3 p.m.

**10** **NEW** **ENJOYING BACKYARD BIRDS WITH YOUR CAMERA**  
April 27 – May 11, 9:30 to 11 a.m.

**10** **NEW** **IMMIGRATION: HISTORY AND THE CURRENT DEBATE**  
April 27 – June 1 (No class May 25)  
11:30 a.m. to 1 p.m.

**10** **NEW** **WALKING THE CAMINO DE SANTIAGO**  
May 4, 11:30 a.m. to 1 p.m.

**10** **SUCCESSFUL LIFE TRANSITIONS**  
May 11 – 18, 9:30 to 11 a.m.

**11** **NEW** **WHAT IS A PILGRIMAGE?**  
May 11, 1:30 to 3 p.m.

**11** **NEW** **A SAIL ABOARD THE SCHOONER FREEDOM**  
**ED-venture**  
June 22, 11:45 a.m. to 2:30 p.m.

**11** **NEW** **CLAY SCULPTING FOR BEGINNERS**  
Aug. 24 – 28, 9 a.m. to 2 p.m.

## TUESDAY ▼

### 11 CURRENT EVENTS

April 7 – June 30, 9:30 to 11:30 a.m.  
OR July 7 – Sept. 1, 9:30 to 11:30 a.m.

### 11 TAI CHI FOR BEGINNERS

April 7 – May 12, 9:30 to 10:30 a.m.

### 12 NEW MARINELAND DOLPHIN ADVENTURE

ED-venture 

April 7, 9:30 a.m. to noon

### 12 NEW BEGINNING BRIDGE II

April 7 – May 26, 10 a.m. to noon

### 12 NEW CREATIVE WRITING AND THE HEALING JOURNEY

April 7 – May 12, 11:30 a.m. to 1 p.m.

### 12 NEW INVESTMENT BASICS

April 7 OR June 9 OR Aug. 11, 11:30 a.m. to 1 p.m.

### 12 NEW EXPERIENCING OPERA

April 7 – 28, 1:30 to 3 p.m.

### 13 NEW NORTH FLORIDA FOLK MUSIC

April 7 – 21, 1:30 to 3 p.m.

### 13 NEW DISCOVER THE SECRETS OF FENG SHUI

April 14 – May 12, 1:30 to 3 p.m.

### 13 NEW LEARN TO WRITE BELIEVABLE FICTION

April 14 – May 12, 1:30 to 3 p.m.

### 13 INTERMEDIATE WOODCARVING

April 21 – June 16, 9:30 a.m. to noon

### 13 NEW DISCOVER HISTORIC MANDARIN AT WALTER JONES HISTORICAL PARK

ED-venture 

April 21, 10 a.m. to noon

### 14 NEW WHY DO WE HAVE CRIME?

April 21 – May 26, 1:30 to 3 p.m.

### 14 NEW GARDENING IN NORTHEAST FLORIDA

May 5 – 19, 9:30 to 11 a.m.  
Field trip: May 26, 9:30 to 11 a.m.

### 14 NEW INTRODUCTION TO WOODCARVING

May 5 – 19, 1:30 to 3 p.m.

### 14 NEW MAKING YOUR YARD A LIFE GARDEN FOR FLYING FLOWERS, MELODIES AND YOU

May 12 – 19, 9:30 to 11 a.m.  
Field trip: May 26, 10 to 11:30 a.m.

### 14 NEW BEGINNING SPANISH CONVERSATION: PART II

June 2 – July 7, 1:30 to 3 p.m.

### 14 IF YOU DON'T DO IT, NOBODY WILL: ORGANIZING AND PRESERVING YOUR FAMILY HISTORY

June 9 – 23, 1:30 to 3 p.m.

### 15 NEW A LOOK AT LOW PRESSURE STEAM ENGINE SYSTEMS

June 9 – 16, 1:30 to 3 p.m.

### 15 NEW INTERMEDIATE BRIDGE II: UNDERSTANDING IMPORTANT CONVENTIONS

June 16 – Aug. 18, 1 to 3 p.m. (No class in July).

### 15 NEW INTERMEDIATE TAI CHI

July 7 – Aug. 11, 9:30 to 10:30 a.m.

### 15 NEW SURFING THE ARTS

July 7 – Aug. 11, 9:30 to 11 a.m.

### 15 WHAT IS JAZZ?

July 14, 10:30 a.m. to noon

### 15 CLASSICAL MUSIC AND ALL THAT JAZZ

July 21, 10:30 a.m. to noon

### 16 INTERNATIONAL VEGETARIAN COOKING

July 7 – Aug. 11, 9:30 to 11 a.m.

### 16 MUSICAL MISHAPS AND FAILURES

July 28, 10:30 a.m. to noon





## WEDNESDAY ▼

- 16 THE FUTURE OF THE MIND**  
March 4 – 25, 1:30 to 3 p.m.
- 16 NEW U.S. FOREIGN POLICY DURING THE EISENHOWER ADMINISTRATION**  
April 1 – 29, 1:30 to 3 p.m.
- 17 NEW BASIC JUDAISM: PART II**  
April 8 – May 27, 10 a.m. to noon
- 17 NEW BUDDHISM FROM A GLOBAL PERSPECTIVE**  
April 8 – 29, 10 to 11:30 a.m.
- 17 NEW MANAGING YOUR DIABETES**  
April 8 – 29, 11:30 a.m. to 1 p.m.
- 17 ASTRONOMY FOR THE CURIOUS**  
April 8 – May 13, 1:30 to 3 p.m.
- 17 NEW HERBS FOR LIFE**  
April 8 – 29, 1:30 to 3 p.m.
- 17 LASERS IN EYE CARE: ENHANCING SAFETY, ACCURACY AND VISION**  
April 22 – 29, 9:30 to 11 a.m.
- 17 21ST CENTURY ZOOS AND THE JACKSONVILLE ZOO AND GARDENS**  
May 6, 9:30 to 11 a.m.  
Field trips: May 13 and May 20, 9:30 to 11 a.m.
- 18 NEW MEMORY IMPROVEMENT**  
May 6 – 20, 1:30 to 4:30 p.m.
- 18 NEW DISCOVER BEACHES ART AND HISTORY: J. JOHNSON GALLERY AND THE RED CROSS LIFE SAVING CORPS STATION**  
  
May 13, 10:30 a.m. to 2 p.m.
- 18 NEW HISTORY THROUGH ART: 19TH CENTURY ROMANTICISM**  
May 20 – June 3, 11:30 a.m. to 1 p.m.

- 18 FACIAL FITNESS: EXERCISES FOR THE FACE AND NECK**  
June 3 – 24, 11:30 a.m. to 1 p.m.
- 18 NEW BUTTERFLY GARDENS**  
June 10, 9:30 to 11 a.m.
- 18 YOUR EYES: THE WINDOW TO YOUR BODY AND YOUR WELLNESS**  
June 10 – 17, 11 a.m. to 12:30 p.m.
- 19 NEW THE MONUMENTS MEN**  
June 17 – July 1, 10:30 a.m. to noon
- 19 NEW HERB GARDENS**  
June 24, 9:30 to 11 a.m.
- 19 WRITING YOUR LIFE STORY**  
July 8 – 29, 9:30 to 11 a.m.

## THURSDAY ▼

- 19 NEW MEDITATIVE TAI CHI**  
April 9 – May 14, 9:30 to 11 a.m.
- 19 NEW WORLD WAR II – HOME FRONTS**  
April 9 – 30, 9:30 to 11 a.m.
- 19 MINDFULNESS: ENHANCED SELF UNDERSTANDING**  
April 9 – May 14, 11:30 a.m. to 1 p.m.
- 20 MUNICIPAL BONDS: A FOUNDATION OF QUALITY**  
April 9 OR June 11, 11:30 a.m. to 1 p.m.
- 20 NEW SPRING CLEANING OR ORGANIZING: GIVING THE LEFT SIDE OF YOUR BRAIN A TURN**  
April 9 – May 14, 1:30 to 3 p.m. (No class April 23)
- 20 PSYCHOLOGICAL TYPE: A TOOL FOR UNDERSTANDING YOURSELF AND OTHERS**  
April 9 – May 14, 1:30 to 3 p.m.

**20 NEW THINKING IN TIME: THE USES OF HISTORY FOR DECISION MAKERS**

April 16 – June 4, 1:30 to 3 p.m.

**20 NEW WRITING YOUR SPIRITUAL AUTOBIOGRAPHY: AN INTRODUCTION**

April 23 – 30, 1:30 to 3 p.m.

**21 NEW URBAN ENCOUNTER: DISCOVER TREE HILL NATURE CENTER**

**ED-venture** 

April 30, 10 a.m. to noon

**21 NEW WOMEN AND INVESTING**

May 7 OR July 9, 9:30 to 11 a.m.

**21 INSHORE FISHING**

May 7, 1:30 to 3 p.m.

**21 MEDICARE 101**

May 14, 1:30 to 3 p.m.

**21 NEW ST. JOHNS RIVER ECO HERITAGE BOAT TOUR**

**ED-venture** 

May 21, 9:30 a.m. to 1 p.m.

**21 A VIEW OF THE CRIMINAL JUSTICE SYSTEM**

June 4 – July 9, 9:30 to 11 a.m.

**22 THE BERLIN BLOCKADE, AIRLIFT AND AMERICA'S CANDY BOMBERS**

June 4 – July 2, 1:30 to 3 p.m.

**22 NEW ST. MARY'S BASIN ECO-TOUR**

**ED-venture** 

June 11, 10 a.m. to 2 p.m.

**22 NEW STRAIGHT UP! THE HISTORY OF HELICOPTERS AND THEIR IMPACT**

June 11 – July 2, 11:30 a.m. to 1 p.m.

Field Trip: Cecil Field, July 9, 11:30 a.m. to 1 p.m.

**22 NEW ART OF OUR TIME: A BEGINNER'S GUIDE TO CONTEMPORARY ART**

**ED-venture** 

July 9, 1:30 – 3 p.m.

Field trips: July 16 and July 23, 1:30 to 3 p.m.

**FRIDAY ▼**

**23 GREAT DECISIONS 2015**

April 10 – May 29, 9:30 to 11 a.m.

**23 NEW THE REAL MOTOWN STORY**

April 10 – May 8, 1:30 to 3 p.m.

**23 NEW SINGING FOR THE JOY OF IT: THE NEW OLLI JOYFUL VOICES**

April 10 – May 15, 1:30 to 3 p.m.

**23 NEW URBAN EXPLORATION: DOWNTOWN WALKING TOUR OF PUBLIC ART**

**ED-venture** 

April 17, 10 a.m. to 2 p.m.

**23 FIRE! BEHIND THE SCENES WITH JACKSONVILLE UNIVERSITY'S GLASS DEPARTMENT**

April 17, 10:30 a.m. to noon

**24 NEW MAH JONGG**

April 24 – May 15, 1:30 to 3 p.m.

**24 NEW THE GREAT AGE OF VIENNA**

May 1 – 15, 1 to 2:30 p.m.

**24 NEW URBAN EXPLORATION: DOWNTOWN ARCHITECTURAL WALKING TOUR**

**ED-venture** 

May 8, 10 a.m. to 2 p.m.




## FLEET LANDING

*Free to land Free to soar*

1 Fleet Landing Blvd., Atlantic Beach, FL 32233  
(at Mayport Rd.)

### WEDNESDAY ▼

**18** **NEW** DISCOVER BEACHES ART AND  
HISTORY: J. JOHNSON GALLERY AND THE  
RED CROSS LIFE SAVING CORPS STATION  
**ED-venture**   
May 13, 10:30 a.m. to 2 p.m.

**19** **NEW** THE MONUMENTS MEN  
June 17 – July 7, 10:30 a.m. to noon

## Glenmoor<sup>s</sup>

*Retirement Redefined*

235 Towerview Rd., St. Augustine, FL 32092  
(World Golf Village)

### TUESDAY ▼

**12** **NEW** MARINELAND DOLPHIN  
ADVENTURE  
**ED-venture**   
April 7, 9:30 a.m. to noon

### FRIDAY ▼

**24** **NEW** THE GREAT AGE OF VIENNA:  
BRUCKNER, STRAUSS, JR., WOLF  
AND MAHLER  
April 13 – April 27, 11:30 a.m. to 1 p.m.

## WESTMINSTER WOODS ON JULINGTON CREEK [www.WestminsterRetirement.com](http://www.WestminsterRetirement.com)

25 State Rd. 13, Jacksonville, FL 32259  
(Julington Creek)

### TUESDAY ▼

**13** **NEW** DISCOVER HISTORIC MANDARIN  
AT WALTER JONES HISTORICAL PARK  
**ED-venture**   
April 21, 10 a.m. to noon

**15** WHAT IS JAZZ?  
July 14, 10:30 a.m. to noon

**15** CLASSICAL MUSIC AND ALL THAT JAZZ  
July 21, 10:30 a.m. to noon

**16** MUSICAL FAILURES AND MISHAPS  
July 28, 10:30 a.m. to noon

### WEDNESDAY ▼

**17** **NEW** BUDDHISM FROM A GLOBAL  
PERSPECTIVE  
April 8 – April 29, 10 to 11:30 a.m.

This spring, try a class  
at one of our partner sites.  
You never know what  
you'll discover!



# SPRING 2015

*Classes take place at the University of North Florida unless otherwise noted.*

## MONDAY ▼

### **NEW** THE WAR OF THE ROSES

March 23 – 30, 9:30 to 11 a.m.  
2 sessions, \$25

Connect with stories of mystery, intrigue, sex, murder and treachery through the dynastic wars fought between the Plantagenets from the houses of Lancaster and York. Learn which king had the most mistresses and which was executed in a barrel of his favorite wine. Which royal corpse was exhibited as a tourist attraction for 300 years? Which king lost his throne due to his father's bigamy? Which king tossed a chamber pot on his brother? Sometimes the truth is more interesting than fiction.

**Instructor:** Harry Yoffee, p. 34

### **NEW** TED TALKS: LANGUAGE AND COMMUNICATION

March 23 – April 20, 1:30 to 3 p.m.  
5 sessions, \$40

Say what? Explore how language and communication have shaped society. Technology, Entertainment, Design (TED) is a worldwide clearinghouse that offers free knowledge and inspiration from some of the world's most interesting and stimulating thought leaders. Join a community of curious OLLI members for a lively group discussion using the TED Talks and subject-related YouTube videos.

**Instructor:** Eric Haeseler, p. 28

### **NEW** BREAKING NEWS

April 6 – May 11, 9:30 to 11:30 a.m.  
6 sessions, \$55

In today's world of information overload, it is hard to find information you can trust about controversial subjects. Students will choose topics to explore each week, using a wide variety of sources, including suggested readings. These are filtered through diverse perspectives and vigorously discussed in class sessions. Consensus is not always possible, but everybody will have some laughs and emerge better informed.

**Instructor:** Samuel Hart, p. 28

### WHY PAY WALL STREET – LEARN TO INVEST SAFELY

April 6 – 20, 9:30 to 11 a.m.  
3 sessions, \$30

Conquer your fear of managing your own investments. Stretch your knowledge and understanding of investment products. Act to ensure you reach your financial growth and security goals.

**Instructor:** Robert Black, p. 25

### **NEW** CHALLENGES OF WORLD POVERTY

April 6 – May 11, 11:30 a.m. to 1 p.m.  
6 sessions, \$45

Learn how hundreds of randomized control trials in developing economies demonstrate that many of yesterday's magic bullets are today's failed ideas. Assess assumptions and initiatives that lead NGOs, charitable organizations and governments to invest in helping the world's poor but produce ineffective results.

**Recommended:** "Poor Economics: A Radical Rethinking of the Way to Fight Global Poverty" by Abhijit V. Banerjee and Esther Duflo

**Instructor:** Alan Gleit, p. 28



Letter from  
the president  
See pg. 2



## MONDAY ▼ Continued

### **NEW** THE BIG BANDS: THE UNKNOWN HISTORY OF THE BLACK BANDS

April 13 – May 11, 1:30 to 3 p.m.  
5 sessions, \$40

Discover the African American leaders, musicians and vocalists who influenced the development of big bands. Examine the impact of segregation, race records, politics and culture. Meet Mc Kinney's Cotton Pickers and the Black Birds of Paradise, popular from the mid-1920s to the early 1930s. Philmore "Shorty" Hall, trumpeter in the latter band, taught Dizzy Gillespie when he was in high school. Connect with Teddy Wilson and his orchestra. Wilson was a critically acclaimed swing pianist and known for his elegant, sophisticated style. He was featured on records of jazz greats Louis Armstrong, Lena Horne, Benny Goodman, Billie Holiday and Ella Fitzgerald. You'll enjoy a special class featuring movie shorts of the bands.

**Instructor:** Joseph Fittipaldi, p. 27

### **NEW** GETTING IN TOUCH WITH YOUR INNER COOKIE OR BAKING AS AN ADVANCED FORM OF MEDITATION

April 13 – May 4, 1:30 to 3 p.m.  
4 sessions, \$35

Cooking may be your vocation or avocation. Discover how cooking can be a way to alleviate stress, solve problems, relax and perhaps even improve mental health. If you enjoy baking as a form of relaxation or would like to learn how, this class fits the bill. Gather to learn about each other and ourselves as well as increase your recipe files.

**Instructor:** Chuck Watson, p. 33

### **NEW** ENJOYING BACKYARD BIRDS WITH YOUR CAMERA

April 27 – May 11, 9:30 to 11 a.m.  
3 sessions, \$30

Boost your photography skills. This overview for beginners and intermediate photographers includes fun, interesting facts about local and migrating birds as well as easy how-to tips for capturing their beauty and antics with your camera. Emphasis will be placed on bird identification and behavior, attracting birds and protecting their habitats.

**Required:** Digital camera

**Instructor:** Gary Whiting, p. 34

### **NEW** IMMIGRATION: HISTORY AND THE CURRENT DEBATE

April 27 – June 1 (No class May 25)  
11:30 a.m. to 1 p.m.  
5 sessions, \$40

Who is an American? What kind of country are we? These basic questions drive, and have driven throughout American history, the debate on immigration. Learn about the cycles of immigration in America, who has been involved, factors affecting immigration and contributions immigrants have made to America. Explore the current situation and debates about immigration policy.

**Instructor:** Joe O'Shields, p. 30

### **NEW** WALKING THE CAMINO DE SANTIAGO

May 4, 11:30 a.m. to 1 p.m.  
1 session, \$15

Learn the history of "The Way of St. James," a pilgrimage trail dating to the ninth century in the Christian Era. Discover how this unique travel adventure may advance progress in the religious, cultural, health or self-reflection spheres of your life. Enjoy images of some of the most dramatic and breathtaking scenery in Spain. Hear highlights of a hiking odyssey that traversed the Pyrenees Mountains to Pamplona and Burgos and to Santiago de Compostela, now a UNESCO World Heritage Site.

**Instructor:** David DePhillips, p. 27

### SUCCESSFUL LIFE TRANSITIONS

May 11 – 18, 9:30 to 11 a.m.  
2 sessions, \$25

Explore practical steps to tackle your transition to retirement and master other late-in-life events such as divorce, loss of a spouse and long-term care needs. Discussion will focus on specific measures you can take in advance to understand and ease the impact, including accessing available resources. Using lecture, open discussion and case study, this class examines the financial, legal and public benefit resources available to help those in transition.

**Instructor:** Bill Laird, p. 30



Get more out  
of your OLLI.  
See pg. 24



## **NEW** WHAT IS A PILGRIMAGE?

May 11, 1:30 to 3 p.m.  
1 session, \$15

Pilgrimages are journeys of spiritual or moral significance to shrines or other sacred locations. An estimated 200 million visitors travel to 39 popular sites each year. Discover how this unique travel experience may advance progress in the religious, cultural, health or self-reflection spheres of your life.

**Instructor:** David De Phillips, p. 27

## **NEW** A SAIL ABOARD THE SCHOONER FREEDOM

**ED-venture** 

June 22, 11:45 a.m. to 2:30 p.m.  
1 session, \$60

Maximize your knowledge of historic St. Augustine and the area's wildlife during a tranquil trip on the city's premiere tall ship, a 72-foot topsail schooner. Freedom is an authentic replica of a 19th century blockade runner. You'll be joined by a Marineland marine biologist as you encounter birds, dolphins and other sea creatures. Fee includes beverages on board and a pass for a future visit to Marineland.

**Recommended:** Camera, binoculars, brown bag lunch and dress for the weather including sunscreen, a hat, jacket or sweater and suitable shoes

**Coordinator:** Kathy Marquis, p. 30

## **NEW** CLAY SCULPTING FOR BEGINNERS

Aug. 24 – 28, 9 a.m. to 2 p.m.  
5 sessions, \$150

Connect with your inner artist. Learn basic sculpture techniques. Grasp the structure of the face and head working from reference sources rather than a live model. Create a full-sized clay bust in this weeklong class.

**Required:** \$55 payable to instructor for booklet, clay, wooden armature and basic tools. Student supplied plastic crate approximately 12 inches tall, misting water bottle, two old kitchen towels and an oversized cup.

**Instructor:** Glenn Ross, p. 32

## TUESDAY ▼

### CURRENT EVENTS

April 7 – June 30, 9:30 to 11:30 a.m.  
13 sessions, \$100  
OR July 7 – Sept. 1, 9:30 to 11:30 a.m.  
9 sessions, \$75

In this lively course, students discuss topics of interest drawn from readings and other media of the day. Each week, students bring at least one newsworthy article of interest to present to the class. The facilitator assists by keeping the discussion of the topic open, focused and on track.

**Facilitator:** Howard Hodor, p. 29

### TAI CHI FOR BEGINNERS

April 7 – May 12, 9:30 to 10:30 a.m.  
6 sessions, \$45

Learn basic Tai Chi principles and move slowly and gently against resistance. Tai Chi breathing methods will be incorporated with these movements to improve balance, posture and muscle tone. Expand your OLLI experience through class participation. Practice at home is encouraged.

**Instructor:** Gary Hickenbottom, p. 29



## TUESDAY ▼ Continued

### **NEW** MARINELAND DOLPHIN ADVENTURE

**ED-venture** 

April 7, 9:30 a.m. to noon

1 session, \$40

Presented by: Glenmoor

Connect with Marineland's fascinating history as an underwater film studio and the aquarium's pioneering aquatic animal research. Gather at exhibits featuring live animals of the southeast region. Improve your understanding of the Gulf Stream, ecosystems and conservation. Learn about invasive species and the havoc they wreak for native populations. Get up close and personal with resident dolphins.

**Recommended:** Transportation is on your own. Attire suitable for a wet environment, sunscreen, dress for the weather, comfortable shoes for walking on uneven ground. Cameras encouraged.

**Coordinator:** Lauren Conderman, p. 27

### **NEW** BEGINNING BRIDGE II

April 7 – May 26, 10 a.m. to noon

8 sessions, \$70

Learn to play bridge in this continuation of the club series. Focus on play of the hand and bidding in the modern game.

**Required:** Beginning Bridge I or a general understanding of the game, modern bidding and play of the hand

**Instructor:** John Reeve, p. 32

### **NEW** CREATIVE WRITING AND THE HEALING JOURNEY

April 7 – May 12, 11:30 a.m. to 1 p.m.

6 sessions, \$45

Explore the connections between creative expression and the human experience of health, illness, loss and healing through in- and out-of-class readings and structured writing activities. Develop creative expression using experience, observation, thoughts, memory and imagination. Learn the craft of creative writing.

**Instructor:** Kathleen Thomas, p. 27

### **NEW** INVESTMENT BASICS

April 7 OR June 9 OR Aug. 11, 11:30 a.m. to 1 p.m.

1 session, \$15

Interested in investing, but not sure where to start? Improve your knowledge of the investment process and its vehicles. Grasp important points regarding stock evaluation.

**Instructor:** Charles Drysdale, p. 27

### **NEW** EXPERIENCING OPERA

April 7 – 28, 1:30 to 3 p.m.

4 sessions, \$35

Explore the development of opera from the 1600s to the present day. Focus on the 19th century's golden age and its celebrated composers including Gioachino Rossini, Giuseppe Verdi, Giacomo Puccini and Richard Wagner. Learn to appreciate operatic performance. Discussion and questions welcomed.

**Instructor:** Sarah Caissie Provost, p. 31

Register  
early.  
Classes fill  
fast!

Creative  
Writing





### **NEW** NORTH FLORIDA FOLK MUSIC

April 7 – 21, 1:30 to 3 p.m.  
3 sessions, \$30

Enhance your knowledge of our area through an exploration of folk music and its history. Gather to learn about the songs, songwriters and performers heard at festivals, folk clubs, campfires and living rooms. Enrich your appreciation of music of the heart and soul that reveal truths about life, joy and struggle. Enjoy music and video clips as well as some live music. You'll be invited to sing along. Bring a guitar, banjo, harmonica or another instrument to help make the music.

**Recommended:** Ron Johnson, "North Florida Folk Music"

**Instructor:** Al Poindexter, p. 31

### **NEW** DISCOVER THE SECRETS OF FENG SHUI

April 14 – May 12, 1:30 to 3 p.m.  
5 sessions, \$40

Connect with ancient wisdom to improve modern living. Create harmony and balance in your life through the art of placement. Discover the story your space tells.

**Required:** Student purchased three-ring notebook for materials supplied in class, home or office floor plan or footprint

**Instructor:** Gabriele Van Zon, p. 33

### **NEW** LEARN TO WRITE BELIEVABLE FICTION

April 14 – May 12, 1:30 to 3 p.m.  
5 sessions, \$40

Accelerate your success as a fiction writer. Discuss what is required prior to beginning a book. Learn to capture and maintain reader interest by weaving tone and texture into your stories. Improve your writing skills through innovative exercises designed and guided by a published author. Become part of a supportive community of writers.

**Instructor:** Jan Kuchler, p. 29

### **INTERMEDIATE WOODCARVING**

April 21 – June 16, 9:30 a.m. to noon  
9 sessions, \$100

Intermediate and advanced woodcarvers will find a challenging opportunity in this class. We'll begin with refresher safety instructions, a knife sharpening review and project selection. You'll generally work alone, but the master carver instructor will be available to assist in all phases of project selection, design, carving, finishing and display. This class includes a detailed description of carving knives for anyone wishing to add new knives. Work at your own pace, completing at least one project before the end of the class.

**Required:** Carving gloves and knives, a UNF waiver is required before any student can carve.

**Instructor:** Glenn Ross, p. 32

### **NEW** DISCOVER HISTORIC MANDARIN AT WALTER JONES HISTORICAL PARK

**ED-venture**

April 21, 10 a.m. to noon  
1 session, \$25

Presented by: Westminster Woods

Stretch your knowledge of old Florida. Explore an 1875 farmhouse, the Losco winery, a sawmill and a riverfront boardwalk. Learn about life in Mandarin, the Civil War-era Maple Leaf shipwreck, Harriet Beecher Stowe's influence in the community and area artists. Visit the Mandarin Community Club, which was built in 1872 with Stowe's help, and an early 20th century store and post office that operated until 1964. Join us for a Dutch treat lunch at First Watch Daytime Café after the tour.

**Required:** Stamina to walk on uneven ground and stand for two hours

**Recommended:** Comfortable shoes, dress for the weather, cameras welcome

**Coordinator:** Linda Ward, p. 33



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or call (904) 620-4200.



## TUESDAY ▼ Continued

### **NEW** WHY DO WE HAVE CRIME?

April 21 – May 26, 1:30 to 3 p.m.  
6 sessions, \$45

Is crime a negative phenomenon? Why does it exist in modern society? Shouldn't we be able to get rid of it today? Criminologists began addressing that age-old question scientifically a little more than two centuries ago. Understand the startling variety of answers. Discover criminology theories regarding the existence of crime and the scientific evidence that purports to validate them.

**Instructor:** Christine E. Rasche, p. 31

### **NEW** GARDENING IN NORTHEAST FLORIDA

May 5 – 19, 9:30 to 11 a.m.  
Field trip: May 26, 9:30 to 11 a.m.  
4 sessions, \$35

Boost your gardening skills. Learn to match plants to the landscape. Unleash your inner penny pincher or green enthusiast by learning how to recycle and grow edibles. Attract desirable wildlife to your garden while managing nuisance wildlife. Tour the Duval County Extension's experimental garden as well as its cooking kitchen where jams and jellies are made to sell at the county fair.

**Instructor:** Terry DelValle, p. 27 and Evie Pankok, p. 31

### **NEW** INTRODUCTION TO WOODCARVING

May 5 – 19, 1:30 to 3 p.m.  
3 sessions, \$30

Learn safe carving habits, woodworking, finishing techniques and knife sharpening skills. Woodcarving students are offered a choice of several projects, from beginner to intermediate. Work at your own pace, completing at least one project before the end of the class.

**Required:** No carving gloves or knives are provided, and the beginner student should expect to spend approximately \$75 for tools, a carving glove, knife and gouge. After this initial expenditure, the wood required for each class project should cost less than \$10. Although carving knives and wood can be found on the Internet, the instructor recommends waiting until after the first class before buying tools or supplies. If you have knives and a glove, we ask you to bring them to the first class for a safety inspection. All students are required to sign a UNF waiver before they carve.

**Instructor:** Glenn Ross, p. 32

### **NEW** MAKING YOUR YARD A LIFE GARDEN FOR FLYING FLOWERS, MELODIES AND YOU

May 12 – 19, 9:30 to 11 a.m.  
Field trip: May 26, 10 to 11:30 a.m.  
3 sessions, \$30

Boost your knowledge of butterflies, bees and birds that visit our region. Discover why they are important. Learn to select and care for the plants, vines, shrubs and trees that will make your yard vibrate with life.

**Instructor:** Sally Steinauer, p. 33

### **NEW** BEGINNING SPANISH CONVERSATION: PART II

June 2 – July 7, 1:30 to 3 p.m.  
6 sessions, \$45

Boost your Spanish language skills by connecting with new vocabulary and topics. Learn greetings, asking for and receiving directions, checking into a hotel and ordering in a restaurant.

This course is for beginners and for those who know some Spanish but want to practice speaking it. Focus on simple conversations.

**Required:** Some Spanish and enthusiasm to begin a new adventure.

**Instructor:** Ileana Velazquez, p. 33

### **IF YOU DON'T DO IT, NOBODY WILL: ORGANIZING AND PRESERVING YOUR FAMILY HISTORY**

June 9 – 23, 1:30 to 3 p.m.  
3 sessions, \$30

You cherish your family letters, photographs and historical documents, but lack the motivation to take them out of the old shoeboxes and organize them. Ignite your desire to start. Learn to create family history books and parallel family history online using Family Tree Maker software. Demonstration and hands-on techniques will maximize your success in preserving your history for future generations.

**Recommended:** Family Tree Maker software

**Instructor:** Judi Frazier, p. 28



Live well.  
Learn forever.



## **NEW** A LOOK AT LOW PRESSURE STEAM ENGINE SYSTEMS

June 9 – 16, 1:30 to 3 p.m.  
2 sessions, \$25

Discover the steam propulsion plant of HMS Warrior (1860) and the triple expansion engine of the Liberty Ship S.S. John W. Brown (1942). Learn about energetics, the pressure and volume examination and the temperature entropy approach.

**Instructor:** T. Parkinson, p. 31

## **NEW** INTERMEDIATE BRIDGE II: UNDERSTANDING IMPORTANT CONVENTIONS

June 16 – Aug. 18, 1 to 3 p.m. (No class in July)  
6 sessions, \$55

Learn two no trump major suit conventional raises as well as limit, cue bid, preemptive jump and weak freak raises. Discover the help suit game. Boost your hand evaluation skills to attain elusive slams.

**Instructor:** John Reeve, p. 32

## **NEW** INTERMEDIATE TAI CHI

July 7 – Aug. 11, 9:30 to 10:30 a.m.  
6 sessions, \$45

Maximize your practice of basic Tai Chi principles and move slowly and gently against resistance. Tai Chi breathing methods will be incorporated with these movements to improve balance, posture and muscle tone. Expand your OLLI experience through class participation. Practice at home is encouraged.

**Prerequisite:** Tai Chi for Beginners or previous experience with Tai Chi.

**Instructor:** Gary Hickenbottom, p. 29

## **NEW** SURFING THE ARTS

July 7 – Aug. 11, 9:30 to 11 a.m.  
6 sessions, \$45

Enrich your appreciation of the arts by exploring a single topic each week. Begin with the question “What is art?” Explore topics ranging from the visual arts, music, dance, poetry and architecture to film.

**Instructor:** Kenneth McMillan, p. 30

## WHAT IS JAZZ?

July 14, 10:30 a.m. to noon  
1 session, \$15

**Location:** Westminster Woods

Have you heard jazz and wondered what the musicians were really playing? Louis Armstrong once said, “If you have to ask what it is, you’ll never know.” Explore the question and endeavor to answer it. Discover jazz, its history, components and the development of the jazz repertoire. Jazz improvisation will be explained with, when possible, performance.

**Instructor:** Bill Prince, p. 31

## CLASSICAL MUSIC AND ALL THAT JAZZ

July 21, 10:30 a.m. to noon  
1 session, \$15

**Location:** Westminster Woods

Classical music is essentially European, while jazz is essentially American. Classical music has a 700-year development while jazz has only a 110-year development. Consider the important names you know from classical music and the majority come from Europe. The same holds true of jazz performers and the U.S. Yet, these diverse musicians, who seem to operate in completely dissimilar styles and backgrounds, have much in common. Explore the two styles of music and discover their similarities and differences.

**Instructor:** Bill Prince, p. 31

## TUESDAY ▼ Continued

### MUSICAL FAILURES AND MISHAPS

July 28, 10:30 a.m. to noon

1 session, \$15

**Location:** Westminster Woods

Most musicians wear many hats to be successful in the music business. They may perform, teach, compose, arrange, produce, entertain and publish. Your instructor has worn all of these hats with varying degrees of success and failure. This course focuses on vicissitudes of marketing music for films, attempting to develop a new musical style, timing hit recordings, making accidental hit recordings and other interesting issues in the music business.

**Instructor:** Bill Prince, p. 31

### INTERNATIONAL VEGETARIAN COOKING

Aug. 4 – 18, 11:30 a.m. to 1 p.m.

3 sessions, \$30

Discover nutritious culinary options that will tickle your taste buds. Learn health and disease prevention benefits of this style of cooking and its components. Stretch your knowledge of creative ways to use the vegetables, plant proteins, herbs and spices you love or will become acquainted with in this course.

**Instructor:** Shashi Sathe, p. 32

## WEDNESDAY ▼

### THE FUTURE OF THE MIND

March 4 – 25, 1:30 to 3 p.m.

4 sessions, \$35

Explore the state of current brain research and the National Institute of Health's billion-dollar study. Anticipate the outcomes of this research for the next two decades. Examine the definitions of consciousness and opportunities to enhance all our senses. Is it possible to enhance memory by connecting the brain to a computer?

**Required:** "The Future of the Mind: The Scientific Quest to Understand, Enhance and Empower the Mind" by Michio Kaku

**Instructor:** Tom Collins, p. 26

### **NEW** U.S. FOREIGN POLICY DURING THE EISENHOWER ADMINISTRATION

April 1 – 29, 1:30 to 3 p.m.

5 sessions, \$40

Improve your understanding of how U.S. foreign policy was shaped in the 1950s. John Foster Dulles and his brother, Allen Dulles, led the U.S. into a series of foreign adventures whose effects are still with us today. As the forefathers of using covert operations to topple foreign governments, the immensely powerful brothers influenced Cold War policies as secretary of state and CIA chief respectively.

**Required:** "The Brothers: John Foster Dulles, Allen Dulles and Their Secret World War" by Stephen Kinzer

**Instructor:** Bill Howes, p. 29



### **NEW** BASIC JUDAISM: PART II

April 8 – May 27, 10 a.m. to noon  
8 sessions, \$70

Discover the distinctive characteristics of Judaism, the oldest monotheistic religion to survive into the present day. This course will explore both the religion and philosophy. Many aspects of Judaism have directly or indirectly influenced secular western ethics and civil society.

**Instructor:** Rabbi Eliezer Ben-Yehuda, p. 25

### **NEW** BUDDHISM FROM A GLOBAL PERSPECTIVE

April 8 – 29, 10 to 11:30 a.m.  
4 sessions, \$35

**Location:** Westminster Woods

Enrich your knowledge of the Buddha and the development of Buddhism from earliest times to the present. Learn three important Buddhist traditions, beliefs and practices in Asia: Theravada in the southeast, Mahayana in the northeast, and Vajrayana in Tibet, Nepal and Mongolia. Explore major themes, important movements, significant leaders and key thinkers.

**Required:** Instructor recommended articles and class participation

**Instructors:** Carol Chou Adams (Chou Fang-Lan) and Daniel Adams, p. 25

### **NEW** MANAGING YOUR DIABETES

April 8 – 29, 11:30 a.m. to 1 p.m.  
4 sessions, \$35

Maximize your success in controlling blood sugar. Enhance your knowledge of the self-care behaviors that lead to better health outcomes. Focus on physiology, disease management and potential complications. Increase personal resolve through healthy eating, problem solving and effective coping.

**Instructor:** Debra Wilson, p. 34

### **ASTRONOMY FOR THE CURIOUS**

April 8 – May 13, 1:30 to 3 p.m.  
6 sessions, \$45

Boost your knowledge of astronomy. Enjoy learning about the sky with a knowledgeable amateur guide. Explore the differences between the shallow sky and the deep sky. Bring your notebook and your curiosity.

**Recommended:** Instructor-supplied web-based content, useful resources and viewing aids.

**Instructor:** Roger Curry, p. 27

### **NEW** HERBS FOR LIFE

April 8 – 29, 1:30 to 3 p.m.  
4 sessions, \$35

Discover the beautiful world of medicinal plants. Focus on three classes of herbs to find a recipe for well-being: nervines, adaptogens and digestive bitters. Learn to make herbal medicine and integrate plants into your daily life.

**Required:** \$15 materials fee payable to the instructor for the herbs and tinctures you will take home

**Instructor:** Libby Jennison, p. 29

### **LASERS IN EYE CARE: ENHANCING SAFETY, ACCURACY AND VISION**

April 22 – 29, 9:30 to 11 a.m.  
2 sessions, \$25

Deepen your knowledge of eye and vision care. Learn how the field has been redefined through the use of lasers. From cataracts to glaucoma, macular degeneration, diabetes and so much more, lasers now represent the standard of care. Learn more about lasers in understandable terms and how they are used in eye care.

**Instructor:** Louis "Lou" Catania, p. 26

### **21ST CENTURY ZOOS AND THE JACKSONVILLE ZOO AND GARDENS**

May 6, 9:30 to 11 a.m.  
Field trips: May 13 and May 20, 9:30 to 11 a.m.  
3 sessions, \$30

Improve your knowledge and appreciation of zoos. Learn zoo history, conservation practices and exhibit design.

**Required:** Good mobility and comfortable walking shoes for zoo excursions.

**Instructor:** Alan F. Rost, p. 32



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## WEDNESDAY ▼ Continued

### **NEW** MEMORY IMPROVEMENT

May 6 – 20, 1:30 to 4:30 p.m.

3 sessions, \$40

Create mental pictures to retain passwords, names, facts, jokes, to-do lists, birthdays or any important information. Learn how your brain works and to harness its power in this highly interactive program. The instructor's previous programs resulted in students achieving 80 to 90 percent success in remembering facts and names.

**Instructor:** Frederick B. Lee, p. 30

### **NEW** DISCOVER BEACHES ART AND HISTORY: J. JOHNSON GALLERY AND THE RED CROSS LIFE SAVING CORPS STATION

**ED-venture** 

May 13, 10:30 a.m. to 2 p.m.

1 session, \$30

Presented by: Fleet Landing

Boost your appreciation of our area's historic and contemporary venues. Visit a renowned gallery that brings modern and contemporary art from New York to our area's established and emerging collectors. Discover the historic base of operations for 4,000 volunteers that have patrolled the beach for more than a century. The corps, established in 1912, protects the lives of residents and visitors in an area that was once known as Pablo Beach. Join us for a Dutch treat lunch after the tour.

**Recommended:** Comfortable shoes, dress for the weather, cameras welcome

**Coordinator:** Stan Porter, p. 31

### **NEW** HISTORY THROUGH ART: 19TH CENTURY ROMANTICISM

May 20 – June 3, 11:30 a.m. to 1 p.m.

3 sessions, \$30

Discover neoclassicism and romanticism, the predominant styles of early to mid-19th century European art. Learn the forces and historical events that influenced the major artists of the period. Grasp the careers and major works of Jacques Louis David, Eugene Delacroix, Theodore Gericault, Carl David Friedrich, J.M.W. Turner and Francisco Goya. Explore the intellectual tenets of the period and their impact on art.

**Instructor:** Diana Huston, p. 29

### **FACIAL FITNESS: EXERCISES FOR THE FACE AND NECK**

June 3 – 24, 11:30 a.m. to 1 p.m.

4 sessions, \$35

Physical exercises are an important part of keeping our bodies fit. However, many people neglect the muscles in the neck and face. Discover the importance of neck and facial fitness. Various exercises will be demonstrated by the instructor or via DVD, with time for students to practice each exercise. Most exercises take less than one minute to complete. Students will be encouraged to practice at home. Exercising facial muscles can tone and firm the face while stimulating blood flow and circulation, resulting in a healthy, refreshed look: a natural face lift.

**Instructor:** Evelyn Anchondo, p. 25

### **NEW** BUTTERFLY GARDENS

June 10, 9:30 to 11 a.m.

1 session, \$15

Learn how to attract those beautiful, interesting creatures to your yard. Increase the number and variety. Maximize their habitats to mitigate the effects of human development.

**Instructor:** Mary Longanbach, p. 30

### **YOUR EYES: THE WINDOW TO YOUR BODY AND YOUR WELLNESS**

June 10 – 17, 11 a.m. to 12:30 p.m.

2 sessions, \$25

In poetry, the eyes are called the window to the soul. In healthcare and aging, eyes are also considered the window to the body. Cardiologists, neurologists, endocrinologist and other medical specialists, rely on them for early diagnoses, while optometrists and ophthalmologists use them in prevention and wellness. The value of eye care is poorly understood and thus, not utilized to its fullest potential by most patients or healthcare providers. In aging, understanding your eyes can provide you with new and healthy insights.

**Instructor:** Louis "Lou" Catania, p. 26



## **NEW** THE MONUMENTS MEN

June 17 – July 7, 10:30 a.m. to noon  
3 sessions, \$30

**Location:** Fleet Landing

Connect with the story of 350 men and women from 13 nations who saved art and cultural treasures confiscated by the Nazis during WWII. Using the 2014 feature film as a guide, you'll discuss the work of the Monuments, Fine Arts and Archives (MFAA) sub-commission.

Comprised of both soldiers and civilians, the MFAA tracked, located, protected and returned more than five million works.

**Recommended:** Screen the 2014 feature film "The Monuments Men," directed by George Clooney, prior to the first class session.

**Instructor:** Wayne Heckrotte, p. 29

## **NEW** HERB GARDENS

June 24, 9:30 to 11 a.m.  
1 session, \$15

Learn how and when to plant herbs. Increase your understanding of water, light and other conditions herbs need to thrive.

**Instructor:** Mary Longanbach, p. 30

## WRITING YOUR LIFE STORY

July 8 – 29, 9:30 to 11 a.m.  
4 sessions, \$35

Begin writing the story of your life and legacy. This course will offer a bullet list of practical steps for beginning the project, including a number of questions and suggestions to pique the memory and imagination. We will focus on class members and their lives, with a high level of participation and exchange of ideas. In the first of four sessions, students will be introduced to the genre, the first of which will be introductory and exploratory. Students will then be asked to explore their memories and do some research into their family/personal history and return with a white page (summary) of their life story to share with the class if they are comfortable sharing.

**Instructor:** Susan D. Brandenburg, p. 26

## THURSDAY ▼

### **NEW** MEDITATIVE TAI CHI

April 9 – May 14, 9:30 to 11 a.m.  
6 sessions, \$45

Learn to meditate by participating in this slow, flowing and concentrated form of Tai Chi. Increase your oxygen intake. Decrease your blood pressure and blood sugar.

**Instructor:** Antoinette "Tonette" Stubbs, p. 33

### **NEW** WORLD WAR II – HOME FRONTS

April 9 – 30, 9:30 to 11 a.m.  
4 sessions, \$35

Discover what happened at home while the men were away fighting in a bloody conflict. In both Europe and the Pacific, the lines between combatants and noncombatants were erased as practically everyone was involved whether or not they fought. Civilian casualties were 10 to 20 times more frequent than military casualties were. Explore why World War II was considered Total War. Discussion is greatly encouraged.

**Instructor:** Wayne Heckrotte, p. 29

## MINDFULNESS: ENHANCED SELF UNDERSTANDING

April 9 – May 14, 11:30 a.m. to 1 p.m.  
6 sessions, \$45

Maximize your understanding of mindfulness, its benefits and applications through a combination of lectures, discussion and classroom exercises.

**Recommended:** Out-of-class assignments to enhance the development of your mindfulness

**Instructor:** Martha Bennett, p. 25



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## THURSDAY ▼ Continued

### MUNICIPAL BONDS: A FOUNDATION OF QUALITY

April 9 OR June 11, 11:30 a.m. to 1 p.m.  
1 session, \$15

Learn how to supplement retirement income, manage portfolios, market exposure and reduce income tax liability. Tax-exempt municipal bonds may be part of a personalized strategy to benefit and enhance a portfolio. Discuss investment features of municipal bonds and the bond market. Explore the federal tax exemption benefits of these securities, credit quality, types of bonds available, strategies for investing and historical yield levels.

**Instructor:** Jerry Seebol, p. 32

### **NEW** SPRING CLEANING OR ORGANIZING: GIVING THE LEFT SIDE OF YOUR BRAIN A TURN

April 9 – May 14, 1:30 to 3 p.m. (No class April 23)  
5 sessions, \$40

Simplify your life. Learn how to organize things in your kitchen, home office, closets and more. A guest speaker addresses the topic of garage makeovers.

**Instructor:** Karen Backilman, p. 25

### PSYCHOLOGICAL TYPE: A TOOL FOR UNDERSTANDING YOURSELF AND OTHERS

April 9 – May 14, 1:30 to 3 p.m.  
6 sessions, \$45

The idea that personalities can be categorized to allow for a better understanding of individual behavior has been around for centuries: from the early Hippocratic theory of the four humours to Carl Jung's theory of personality type and, more recently, the theories of Carol Gilligan describing women's personality development. This course will focus on Jung's personality theories as interpreted by Katherine Briggs and her daughter, Isabel Briggs-Myers, who developed the widely known personality assessment, the Myers Briggs Type Inventory. Identify your own personal preferences through lecture, light reading and workshop exercises. We'll explore how personality type and personal preferences relate to communication patterns and relationships, leisure time activities and reflective practices.

**Instructor:** Jane Bryant, p. 26

### **NEW** THINKING IN TIME: THE USES OF HISTORY FOR DECISION MAKERS

April 16 – June 4, 1:30 to 3 p.m.  
8 sessions, \$55

Intensify your understanding of five difficult international issues facing U.S. national decision makers in the first quarter of the 21st century. Why do smart and experienced senior officials make bad decisions? Could they have done better? If so, how? Develop a more refined and pragmatic method for understanding major national and international issues and envisioning potential solutions.

**Recommended:** Richard E. Neustadt and Ernest R. May, "Thinking in Time: The Uses of History for Decision Makers" will be a springboard for discussion.

**Instructor:** John D. Frketic, p. 28

### **NEW** WRITING YOUR SPIRITUAL AUTOBIOGRAPHY: AN INTRODUCTION

April 23 – 30, 1:30 to 3 p.m.  
2 sessions, \$25

Bring your favorite writing instrument with you on this creative armchair journey through your life. Writing a spiritual autobiography connects moments of grace in your life. You do not have to be a good writer to tell your story. Threads running through your life will begin to appear by reading others' stories, drawing timelines and looking at photos as well as writing exercises. Sharing in class or with the instructor is optional.

**Recommended:** Read a spiritual autobiography of your choice or one from this list: "Surprised by Joy" by C.S. Lewis; "The Snow Leopard" by Peter Matthiessen "West with the Night" by Beryl Markham.

**Instructor:** Charlene Vincent, p. 33





See page 35  
for  
enrollment  
options.



## **NEW** URBAN ENCOUNTER: DISCOVER TREE HILL NATURE CENTER

**ED-venture** 

April 30, 10 a.m. to noon  
1 session, \$25

Explore 50 acres of urban wilderness preserve encompassing three distinct ecosystems and environmentally sensitive flora and fauna. Visit exhibit areas. Learn about habitats, the urban forest and animals that inhabit it. Hike nature trails. After your tour, enjoy an indoor butterfly house, nature center, interactive exhibitions, learning laboratory, wildflower garden, nature trails and wildlife viewing areas on your own. Join us for a Dutch treat lunch at Crab Creek Café after the tour.

**Recommended:** comfortable walking shoes, dress for the weather, hat, bug spray and water. Cameras, binoculars and walking sticks welcome.

**Coordinator:** Diane Dyal, p. 27

## **MEDICARE 101**

May 14, 1:30 to 3 p.m.  
1 session, \$15

Increase your knowledge of Medicare basics, including its history and what the alphabet of its parts (A, B, C and D) mean. Examine the costs associated with original Medicare. Understand the annual election or enrollment period. Discover useful resources to gain confidence in making decisions for yourself or a loved one.

**Instructor:** Rory Gregg, p. 28

## **NEW** ST. JOHNS RIVER ECO HERITAGE BOAT TOUR

**ED-venture** 

May 21, 9:30 a.m. to 1 p.m.  
1 session, \$80

Intensify your knowledge of our area's unique ecology and history. Your St. Johns Riverkeeper provides insights about local wildlife and current issues impacting the river's health. UNF professor emeritus of history Daniel Schafer reveals plantation-era history as well as the history of the Kingsley family and their complex on Ft. George Island. After touring the plantation, enjoy the opportunity to break bread and debrief with fellow OLLI members.

**Recommended:** Camera, binoculars, brown bag lunch and dress for the weather including sunscreen, a hat, jacket or sweater and suitable shoes

**Coordinator:** Diane Dyal, p. 27

## **A VIEW OF THE CRIMINAL JUSTICE SYSTEM**

June 4 – July 9, 9:30 to 11 a.m.  
6 sessions, \$45

Learn about criminal trials through the personal experiences and stories of a former Chicago police officer, criminal attorney and judge. Special emphasis is placed on the Constitution and its impact on every aspect from detention and arrest, right to speedy trial and adequate defense, rules of evidence, trial by jury and much more.

**Instructor:** William O'Malley, p. 30

## **NEW** WOMEN AND INVESTING

May 7 OR July 9, 9:30 to 11 a.m.  
1 session, \$15

Prepare to take charge of your financial life. Has a change in your situation put you in the driver's seat when it comes to your family's wealth? Conquer your fear of both long and short term planning and build an effective strategy.

**Instructor:** Andrea Seebol Smithers, p. 32

## **INSHORE FISHING**

May 7, 1:30 to 3 p.m.  
1 session, \$15

North Florida is one of the best inshore fisheries in the world! Learn how to get started or hone your skills as an inshore fisher. From targeted species, to rod and reel selection, line, knot tying, lures, tackle and techniques discover how to catch more fish!

**Instructor:** Rory Gregg, p. 28



## THURSDAY ▼ Continued

### THE BERLIN BLOCKADE, AIRLIFT AND AMERICA'S CANDY BOMBERS

June 4 – July 2, 1:30 to 3 p.m.  
5 sessions, \$40

Intensify your knowledge of the aeronautical challenges faced by an unprepared alliance and their military forces suffering from the effects of post-war force reductions. Learn how Berlin suffered from inadequate wartime planning for peace. Discover how the Allies transformed themselves from a haphazard, uncoordinated, ineffective force to an inspired, inspiring and appreciated power that gave Berliners hope at the onset of the Cold War.

**Recommended:** "Daring Young Men" by Richard Reeve, "The Candy Bombers" by Andri Cherny and "To Save a City: The Berlin Airlift"

**Instructor:** Kenneth Bording, p. 26

### NEW ST. MARY'S BASIN ECO-TOUR

ED-venture

June 11, 10 a.m. to 2 p.m.  
1 session, \$50

Engage in an interactive exploration of the waterway. Discover the Otter Trawl shrimp net and its use in commercial fishing. You will deploy and retrieve the net as well identify and release your catch. Explore the backwaters and tidal creeks that make up this estuary before returning to historic Fernandina Beach. Bring your lunch or join us for a Dutch treat lunch at a downtown Fernandina Beach café. Why not spend the day?

Fernandina Beach is a quaint, historic small town with interesting shops and cafes all within walking distance of the boat dock. So you may wish to spend the day on your own. Fort Clinch State Park and beaches nearby.

**Recommended:** Dress for outdoor weather and a boat ride including flat sole shoes suitable for walking on a boat, sunglasses and sunblock. You will be comfortable rain or shine because the boat has a shaded canopy and side curtains. Cameras and binoculars encouraged.

**Coordinator:** Diane Dyal, p. 27

### NEW STRAIGHT UP! THE HISTORY OF HELICOPTERS AND THEIR IMPACT

June 11 – July 2, 11:30 a.m. to 1 p.m.  
Field Trip: Cecil Field, July 9, 11:30 a.m. to 1 p.m.  
5 sessions, \$40

Discover the amazing invention's significant impact on history and our everyday life. Examine the aerodynamics and functions of helicopters and other vertical take-off aircraft. Trace the technology from its roots as an ancient Chinese toy to Renaissance artist Leonardo da Vinci's sketch for a manned helicopter. Consider whether the U.S. would have been involved in Vietnam without helicopters. Unleash technology's hidden history from the Nazi WWII aviatrix on a mission to help Adolph Hitler escape to the intellectual who built a helicopter, to studying philosophy and a rescue pilot that went on to write operas. Consider whether helicopters prolonged the Iranian hostage crisis and cost Jimmy Carter his re-election as President.

**Instructor:** Kenneth Bording, p. 26

### NEW ART OF OUR TIME: A BEGINNER'S GUIDE TO CONTEMPORARY ART

July 9, 1:30 – 3 p.m.  
Field trips: July 16 and July 23, 1:30 to 3 p.m.  
3 sessions, \$30

Increase your knowledge and appreciation of contemporary art. An introductory lecture at UNF is followed by two staff-led programs at Jacksonville's Museum of Contemporary Art, a cultural resource of University of North Florida. Amplify your understanding through an intimate conversation with Joelle Dietrick, an artist who created a new work for MOCA. Explore behind the scenes and learn about the works and artists represented in MOCA's collection as well as contemporary art's role in society.

**Recommended:** "Why a Painting is Like a Pizza" by Nancy G. Heller

**Coordinator:** Lauren Spencer, p. 33



## FRIDAY ▼

### GREAT DECISIONS 2015

April 10 – May 29, 9:30 to 11 a.m.  
8 sessions, \$55

Stretch your knowledge of current affairs with an in depth discussion on specific national and international topics of current foreign policy concern. Topics include: Russia and the near abroad, privacy in the digital age, sectarianism in the Middle East, India changes course, U.S. policy toward Africa, Syria's refugee crisis, human trafficking in the 21st century and Brazil's metamorphosis. Each session begins with a 30-minute film of expert commentary, followed by one hour of highly participatory collegial discussion. Weekly preparation involves advance reading of 10 to 12 pages from the course booklet and supplemental reading materials provided by course facilitators via e-mail.

**Required:** "Great Decisions 2015" available online from the Foreign Policy Association's bookstore ([www.fpa.org](http://www.fpa.org)) or by calling (212) 481-8100. Enrolled students must purchase the booklet at least two weeks prior to the first session.

**Facilitators:** John Fischer, p. 27 and  
Ralph Sawyer, p. 32

### NEW THE REAL MOTOWN STORY

April 10 – May 8, 1:30 to 3 p.m.  
5 sessions, \$40

Boost your knowledge of the Motown sound, its great musicians and talented singers. Learn why the record company landed 79 records in the top ten of Billboard's hot 100 chart between 1960 and 1969. The label's popular music played an important role in the racial integration of popular music and the music business. Anticipate a few surprises.

**Instructor:** Rodney L. Hurst, Sr., p. 29



### NEW SINGING FOR THE JOY OF IT: THE NEW OLLI JOYFUL VOICES

April 10 – May 15, 1:30 to 3 p.m.  
6 sessions, \$45

Intensify your appreciation of music from the 1940s through the 1980s by joining fellow OLLI members in song and laughter. No requirement to read music.

**Coordinator:** Chuck Watson, p. 33

### NEW URBAN EXPLORATION: DOWNTOWN WALKING TOUR OF PUBLIC ART

ED-venture

April 17, 10 a.m. to 2 p.m.  
1 session, \$25

Explore five Art in Public Places sites and the art that adorns them. MOCA's chief curator, Ben Thompson is your expert guide. Learn about the role of the Cultural Council of Greater Jacksonville and the City Council's Art in Public Places Ordinance of 1997. Join us for a Dutch treat lunch at Café NOLA after the tour.

**Required:** Ability to walk and stand for two hours, dress for the weather and wear comfortable shoes

**Coordinator:** Billie Hayward, p. 28

### FIRE! BEHIND THE SCENES WITH JACKSONVILLE UNIVERSITY'S GLASS DEPARTMENT

April 17, 10:30 a.m. to noon  
1 session, \$25

JU's art glass program was launched in 1972 just as Dale Chihuly garnered critical and popular acclaim as a glass artist. Enjoy a lecture and a narrated glassblowing demonstration. Witness glass formed from a molten pool into a stunning work of art during this educational and entertaining process. Join us for a Dutch-treat lunch after your studio visit.

**Instructor:** Brian Frus, p. 28



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or call (904) 620-4200.



FRIDAY ▼ Continued

**NEW MAH JONGG**

April 24 – May 15, 1:30 to 3 p.m.  
5 sessions, \$40

Enjoy a fascinating rummy-like game that is played with tiles rather than cards. Mah Jongg originated in China and dates back to the time of Confucius. Originally played by the ruling classes, the game's popularity in the west exploded in the 1920s. Acquire the fundamental knowledge and skills you need to compete in this popular pastime.

**Required:** Advance purchase of 2015 National Mah Jongg League card (\$9) by calling (212) 246-3052 or online at [www.nationalmahjonggleague.org](http://www.nationalmahjonggleague.org).

**Instructor:** Denice Goldberg, p. 28

**NEW THE GREAT AGE OF VIENNA: BRUCKNER, STRAUSS, JR., WOLF AND MAHLER**

May 1 – 15, 1 to 2:30 p.m.  
3 sessions, \$30

**Location:** Glenmoor

Discover Vienna's history and culture through an exploration of its music, as well as the lives and careers of the outstanding composers who lived there. Enrich your music appreciation through lecture, discussion and listening with an expert.

**Instructor:** Merrill Jay Palmer, p. 31

**NEW URBAN EXPLORATION: DOWNTOWN ARCHITECTURAL WALKING TOUR**

**ED-venture**

May 8, 10 a.m. to 2 p.m.  
1 session, \$25

Discover architectural and historical gems including repurposed buildings around or near Hemming Park. MOCA's Chief Curator, Ben Thompson is your expert guide. Visit the Confederate Monument, Snyder Memorial Methodist Church, St. James Building, The Seminole Club, Greenleaf and Crosby Building, Western Union Telegraph Company Building and others. Join us for a Dutch treat lunch at Café NOLA after the tour.

**Required:** Ability to walk and stand for two hours, dress for the weather and wear comfortable shoes

**Coordinator:** Billie Hayward, p. 28



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**Carol Chou Adams** (Chou Fang-Lan) and Daniel Adams are a husband and wife team with extensive teaching experience in the United States and Asia. Rev. Carol Chou Adams and Rev. Daniel Adams spent a combined 37 years in Taiwan and Korea working as educators. They have also served as visiting professors and special lecturers in Myanmar (Burma), Hong Kong, Japan, Thailand, Indonesia and Malaysia. Avid travelers, they have visited 73 countries, where they always sought out centers of religious devotion and places of cultural and archeological interest. Carol is a graduate of Tainan Theological College, Elmhurst College (B.A., L.H.D.), the University of Dubuque Theological Seminary (M.Div.), Presbyterian School of Christian Education (M.A.) and the Southeast Asia Graduate School of Theology (Th.D.). Daniel holds degrees from Seattle Pacific University (B.A.), the University of Dubuque Theological Seminary (M.Div.), Soochow University in Taiwan (M.A.) and Aquinas Institute of Theology (Ph.D.).

Buddhism from a Global Perspective, p. 17

**Evelyn Anchondo** is originally from El Paso, Tex. and retired from federal law enforcement with more than 30 years of service. She was the assistant to the director of volunteer services with an AIDS organization in El Paso and was involved with an AIDS organization in Jacksonville. Anchondo has provided one-on-one literacy tutoring in both cities. She has been interested in healthy living for a long time and enjoys regular exercise to stay and look healthy.

Facial Fitness: Exercises for the Face and Neck, p. 18

**Karen Backilman** completed her undergraduate work in psychology at Simmons College and has masters degrees from Harvard and UNF. She has taught regular and special education, and served as teacher, media specialist and principal with the Duval County Public Schools. One of her jobs as principal was to help new principals get organized. Karen has taught OLLI classes in knitting and mystery books.

Spring Cleaning or Organizing: Giving the Left Side of Your Brain a Turn, p. 20

**Eliezer Ben-Yehuda** was born in Jerusalem, Israel. Rabbi Ben-Yehuda earned a doctorate in literature with a thesis on the text of the Jewish scriptures as reexamined from the Hebrew. Since arriving in the U.S. in 1958, Rabbi Ben-Yehuda has served as a rabbi of the pulpit, Jewish chaplain for the Veterans Administration, campus rabbi at Indiana University of Pennsylvania, Hebrew school and Sunday school principal and teacher and guidance counselor for youth movements.

Basic Judaism: Part II, p. 17

**Martha Bennett** has more than 25 years of experience as a psychotherapist and educator. She is trained to use mindfulness as a therapeutic modality. She is also an open-focus brain training coach. Bennett received an M.A. in psychology from the University of West Georgia and is certified as a body-centered psychotherapist by the Hakomi Institute in Boulder, Colo.

Mindfulness: Enhanced Self Understanding, p. 19

**Robert Black** was a captain in the U.S. Air Force, a corporate executive and an entrepreneur. He has a B.S. in chemistry and also holds M.S., E.E. and P.E. degrees and an M.B.A. in finance from the University of Akron. He is an honorary member of the Financial Management Association. While Black is neither a broker nor a financial adviser, he has been investing more than 50 years and manages his own portfolio.

Why Pay Wall Street – Learn to Invest Safely, p. 9



**Kenneth Bording** is a retired military aviator with 34 years of flight experience and more than 7,000 flight hours in combat. He was an instructor pilot and aviation classroom instructor, an instrument flight evaluator and an aviation safety officer. Bording served as a subject matter expert in the design, testing and development of U.S. Army's innovative Aviation Combined Arms Tactical Trainer (AVCATT) Simulation System that remains in use today to train aviators preparing for combat assignments. Bording served as a Federal Aviation Administration (FAA) air traffic controller for eight years. He has a B.S. in aeronautical science as well as a B.A. in business administration and an M.B.A. in aviation.

The Berlin Blockade, Airlift and America's Candy Bombers, p. 22

Straight Up! The History of Helicopters and Helicopters Impact on History, p. 22

**Susan D. Brandenburg** is a professional biographer who enjoys the great privilege of writing the life stories of extraordinary people. A journalist for more than 30 years, she is now working on her 17th book. Brandenburg has her own publishing company, Susan the Scribe Inc. in Ponte Vedra Beach, Fla. Her website is [www.susanthescribe.vpweb.com](http://www.susanthescribe.vpweb.com).

Writing Your Life Story, p. 19

**Jane Bryant** worked as a counselor for Florida State College at Jacksonville for 36 years. Throughout her career she worked with students of all ages and in all career fields, individually and in groups through workshops and classes. Jane holds a B.A. in sociology and philosophy and an M.A. in counseling. She also completed postgraduate work in organizational development.

Psychological Type: A Tool for Understanding Yourself and Others, p. 20

**Louis "Lou" Catania** is an internationally acclaimed clinical educator and author. Catania has written 11 textbooks and more than 125 journal articles. He practiced clinical eye care for more than 42 years in private practice and academic medical centers. Catania currently serves as senior consultant at Nicolitz Eye Consultants, a multi-specialty ophthalmology group in Jacksonville. Additionally, he serves as consultant and adviser to J&J Vision Care and Marco Ophthalmic, Inc. He holds academic rank and is a visiting faculty member at numerous optometry and medical schools at U.S. and international universities.

Lasers in Eye Care: Enhancing Safety, Accuracy and Vision, p. 17

Your Eyes: The Window to Your Body and Your Wellness, p. 18

**Tom Collins** holds a B.S. and an M.S. in physics from the University of Georgia and a Ph.D. in physics from the University of Florida. He also holds an M.S. in political science from George Washington University. He is a graduate of the National War College and a Fellow of the American Physical Society. Tom retired in 2006 following a distinguished career in research and academia.

The Future of the Mind, p. 16



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**Laurel Conderman** worked for more than 15 years as office manager in the Department of Pediatrics, University of Florida – Jacksonville before retiring in 2013. Her great enthusiasm for UNF OLLI ED-ventures led her to volunteer with the team. Conderman also volunteers with the annual Congenital Heart Walk and her neighborhood civic association. She especially enjoys exploring our area's beautiful parks and natural places.

Marineland Dolphin Adventure, p. 12

**Roger Curry** is a past president and active member of the Northeast Florida Astronomical Society. He has participated in many observing events at home and abroad. He loves to share the sky with others.

Astronomy for the Curious, p. 17

**Terry DelValle** is a Duval County horticulture extension agent who has served the University of Florida's Institute of Food and Agricultural Sciences (IFAS) for more than 31 years. DelValle advises more than 175 master gardeners. She also writes newspaper articles and contributes her expertise to the community via radio and television.

Gardening in Northeast Florida, p. 14

**David DePhillips** completed the Camino de Santiago in August 2013 and is the co-coordinator for the St. Augustine chapter of the American Pilgrims on the Camino. DePhillips has become well versed in the Camino's history, influence on world culture and its ties to our local history and the Spanish presence in our region. He owned three startup real estate and telecom companies and has more than 15 years' experience consulting with more than 120 small business franchisees. DePhillips is active in S.C.O.R.E, geteverwise.com, and Hightable.com and mentors others through the Florida Institute for Commercialization of Public Research. In addition, he is an accomplished media producer and marathon runner.

Walking the Camino de Santiago, p. 10

What is a Pilgrimage?, p. 11

**Charles Drysdale** has more than 34 years of experience in the securities industry specializing in fee-based custom portfolio management for individuals. His motto is "The markets have been here before. Let me share what I have learned."

Investment Basics, p. 12

**Diane Dyal** is a Jacksonville native who enjoys learning about the history of our area and sharing what she has learned with others in our community. In 2001, Diane was fortunate to be involved in the formation of Untamed Adventures, an outdoor adventure group for women. She volunteers with UNF OLLI to encourage members to learn more about the wonderful paradise called Florida. Prior to retiring, Diane worked in management for more than 30 years with Frank Griffin Motors.

St. Johns River Eco Heritage Boat Tour, p. 21

Urban Encounter: Discover Tree Hill Nature Center, p. 21

St. Mary's Basin Eco-Tour, p. 22

**John Fischer** is a retired management consultant who has been a news aficionado since high school. His professional work in factory management, technology and human resources required extensive domestic and international travel and periodic relocations. His lifelong hobby has been reading: books, newspapers and journals with an emphasis on politics, governance, economics, demographics and culture. However, win or lose, time is always reserved for the Detroit Tigers.

Great Decisions 2015, p. 23

**Joseph Fittipaldi** started his teaching career at Boston University. After a stint in education, he worked as a lobbyist in Trenton, N.J. and Washington, D.C. He later spent 20 years in domestic and international sales as director general for a medical device manufacturer. He finished his career as VP for a medical publisher. Upon his retirement, he renewed his passion for Big Band music. His Sunset Beach Ballroom Show was a Friday night staple on WPCA-FM in Amery, Wis. Joe has been a Big Band enthusiast since he can remember. From his first music lesson in 1947, he specialized in the big band standards. His father was a vocalist with the Ted Weems Orchestra, which influenced Joe's choice of music.

The Big Bands: The Unknown History of the Black Bands, p. 10



**John D. Frketic** is a retired Army intelligence officer. He spent 34 years on active duty with multiple combat tours including Vietnam, Operation Desert Shield/Desert Storm and Operation Iraqi Freedom. As an intelligence operator and analyst, he worked on counter-terrorism issues throughout the Balkans and the Middle East. He graduated from the U.S. Army's School of Advanced Military Studies at Fort Leavenworth, Kan. and served as a national security fellow at Harvard's Kennedy School of Government. He has lived and traveled extensively throughout Europe, the Middle East, North Africa and Southwest and Southeast Asia.

Thinking in Time: The Uses of History for Decision Makers, p. 20

**Judi Frazier** enjoyed a 30-year career in dental hygiene and retail management before retiring in 2012. She has enjoyed genealogy as a hobby for 20 years and developed easy organization systems to help preserve the inherited family treasures. Frazier's eager to share her passion and methods to aid you in preserving your family's interesting history.

If You Don't Do It, Nobody Will: Organizing and Preserving Your Family History, p. 14

**Brian Frus** is the professor of glass art at Jacksonville University where he oversees all glass art programs. Frus began to work with glass in 1996. His work can be found nationally and internationally in galleries and private collections.

Fire! Behind the Scenes with Jacksonville University's Glass Department, p. 23

**Alan Gleit** received his Ph.D. from Stanford in mathematics with a minor in physics. He was a professor for many years in various departments, including mathematics and statistics at multiple universities. Following his career as a tenured professor, he started a second career in risk management working for several large financial institutions.

Challenges of World Poverty, p. 9

**Denice Goldberg** is passionate about Mah Jongg. She has been playing twice a week for 10 years. She's eager to share the game with others.

Mah Jongg, p. 24

**Rory Gregg** is passionate about working in the healthcare industry as a licensed agent for Humana and thrives daily on serving his members to the fullest. He is a Medicare expert and holds national and state licensing for health, life and annuities. Gregg is also a tournament angler and fishing guide with more than 30 years of local inshore fishing knowledge and experience. Additionally, he is a writer for two regional outdoor publications, a seminar host and appears on national television broadcasts.

Inshore Fishing 101, p. 21

Medicare 101, p. 21

**Eric Haeseler** is a retired naval officer with a professional background in property and casualty insurance. Haeseler's expertise encompassed underwriting, sales and claims. He received his bachelor's degree in history and government from Waynesburg University.

TED Talks: Language and Communication, p. 9

**Samuel Hart** has experience as a soldier, diplomat and teacher. He holds degrees from the University of Mississippi, the Fletcher School of Law and Diplomacy and Vanderbilt University. He also attended the John F. Kennedy School of Government at Harvard. His military experience includes duty as a paratrooper and general's aide. For 27 years, he was a diplomat with the U.S. Department of State, serving overseas in Latin America, Southeast Asia and the Middle East. From 1982 through 1985, he served as U.S. ambassador to Ecuador. Since retirement from State, Sam has been a business consultant and lecturer on American foreign policy at numerous colleges and universities and for 15 years on cruise ships. Hart is active in the World Affairs Council and other volunteer organizations.

Breaking News, p. 9

**Billie Hayward** became a full time community volunteer after a career as psychiatric clinical nurse specialist. She contributes her time and talents to the arts and UNF OLLI.

Urban Exploration: Downtown Architectural Walking Tour, p. 24

Urban Exploration: Downtown Walking Tour of Public Art, p. 23

**Wayne Heckrotte** worked in the computer field for more than 41 years, but for as long as he can remember he has been a history buff. Heckrotte had the usual high school history courses and one college course on the subject, but he has been a prolific reader of all things historical. He acquired his knowledge of history the easy way. He loves it! Heckrotte enjoys visiting historical sites and history museums. His recent OLLI classes have focused on the histories of WWI, WWII and the interwar period of the 1920s and 30s.

The Monuments Men, p. 19

World War II - Home Fronts, p. 19

**Howard Hodor** retired after 35 years' experience in commercial and residential real estate development. He served as founding chairman of Gainesville's Council for Economic Outreach and received the governor's appointment to the Southern Growth Policy Board and Florida Council of 100. Hodor served as administrative committee chairman of the board that founded Enterprise Florida. At the request of the governor, he assumed the responsibilities of president and CEO of that organization for 18 months.

Current Events, p. 11

**Gary Hickenbottom** is certified as an instructor for Tai Chi for Arthritis and was an assistant tai chi instructor at the Jim Fortuna Senior Center. As a strong advocate of this ancient form of exercise, he believes that the regular practice of tai chi reduces stress and creates a sense of calm and confidence. Hickenbottom has been an OLLI member since 2010 and enjoys taking classes, especially those that focus on brain training and creativity.

Intermediate Tai Chi, p. 15

Tai Chi for Beginners, p. 11

**Bill Howes** holds a B.A. and M.A. in the teaching of history and social sciences and an Ed. D. in educational leadership. He is a retired educator who has also served as a principal and a superintendent of schools in Michigan, Wisconsin and Florida. He taught college classes at St. Norbert College and the University of Wisconsin-Fox Valley. Howes has an ardent interest in the study of history. This is his eighth year teaching in UNF's OLLI program.

U.S. Foreign Policy during the Eisenhower

Administration, p. 16

**Rodney L. Hurst, Sr.** served two four-year terms on the Jacksonville City Council. He also he served on several local organizational and agency boards, including the Executive Board of the Jacksonville Branch of the NAACP. He received the Jacksonville Urban League's Clanzel T. Brown Award in 2008, Dr. Mary McLeod Bethune Visionary Award presented by the National Alumni Association of Bethune Cookman University and 2010 Jacksonville Branch NAACP President's Award. Hurst gave the keynote address at the 2010 City of Jacksonville's 23rd Annual Martin Luther King Breakfast. His award- winning book "It was Never About a Hot Dog and a Coke: Ax Handle Saturday," was produced as a documentary.

The Real Motown Story, p. 23

**Diana Huston** is a retired private school European history teacher from New York City and was volunteer art history teacher for 10 years in Stowe, Vt. She has a B.A. with a major in Russian and Chinese history and a minor in art history from McGill University. Her goal is to illustrate the history of a period or a country through its art.

History Through Art: 19th Century Romanticism, p. 18

**Libby Jennison** is an herbalist, doula and yoga teacher. She continues her herbal studies with Emily Ruff at The Florida School of Holistic Living in Orlando, Fla. Jennison conducts herbal workshops at Ananda Kula every other month. She works with clients on their specific health issues and develops programs to assist them in achieving their health and wellness goals. She seeks to make plants your allies and enable you to harness their healing qualities on your journey to health and wellness.

Herbs for Life, p. 17

**Jan Kuchler** writes romances and mysteries as Janet Cooper. Her four romance novels are currently available via Amazon Kindle. Two historical romances set in the late 18th century titled "Loving My Enemy" and "Independence," a time-travel romance, "Another Chance" and a contemporary mystery romance, "Secrets in the Low Country." Kuchler is currently working on "Murder in the Low Country." When she was a child, her sisters told her she did not know truth from fiction – a very good beginning for a fiction writer.

Learn to Write Believable Fiction, p. 13

**Bill Laird** is a financial adviser for Dixon Hughes Goodman's Jacksonville office. He is one of only 1,300 individuals nationwide to hold both the Certified Financial Planner and Chartered Financial Analyst certifications and has 14 years of experience in the wealth management industry. Laird's specialty is assisting clients through major life transition events such as retirement, divorce, death and long-term care decisions. He dedicates significant time to the community through Rotary International, Clay County Senior Advocacy and Second Harvest Food Bank. He was recently honored as one of Jacksonville's "Top 40 Under 40" by the Jacksonville Business Journal. Laird is married with two children and is the primary decision maker and caregiver for both his father and uncle, who suffer from dementia.

Successful Life Transitions, p. 10

**Frederick B. Lee** is happily retired but loves teaching and speaking. He is president and owner of an educational institute devoted to brain training, memory improvement and speed reading.

Memory Improvement, p. 18

**Mary Longanbach** has been a Florida master gardener for six years and a former West Virginia master gardener for five years. She worked in the greenhouse at West Virginia University and is presently a member of the Master Gardener's Speaker's Bureau giving talks at various libraries around the city, to garden circles and various clubs. She is also a master gardener volunteer at the Duval County Extension Demonstration Gardens in Mandarin.

Butterfly Gardens, p. 18

Herb Gardens, p. 19

**Kathy Marquis** is an Army brat who grew up all over the world. She married a Navy pilot and got to see even more. As a result, she developed a love of history and other cultures. She and her husband moved to the heart of downtown St. Augustine in 2000. Living in the oldest city in the U.S. is a perfect fit. She enjoys sharing interesting sites in the city with fellow OLLI members. Marquis is a graduate of FSU and UNF and had a career in teaching, most recently at the Florida School for the Deaf and Blind in St. Augustine.

A Sail aboard the Schooner Freedom, p. 11

**Kenneth McMillan** was a professor in the University of North Florida's Department of Art and Design where, for 30 years, he taught Aesthetics, Art of the 20th Century, Art Since 1940, Ceramics/Sculpture and 3D Design. He is a former chairperson of that department. Although teaching full time, he was able to travel extensively and these experiences add a passion to his teaching. As a retiree, he is now producing art and researching and serving as a volunteer teacher for the St. John's Cultural Council and the O.U.R. Communities in Schools Program of St. Johns County.

Surfing the Arts, p. 15

**William O'Malley** is a retired Chicago Circuit Court judge, a former defense attorney and Chicago police officer. He holds a degree from Loyola University of Chicago and has his J.D. from Chicago Kent College.

A View of the Criminal Justice System, p. 21

**Joe O'Shields** is a practicing lawyer in Jacksonville. He has a lifelong love of history and earned degrees in that discipline from the University of South Carolina (B.A.) and from UNF (M.A.). He is an active communicant at St. John's Episcopal Cathedral, has mentored an Education for Ministry class for 12 years and practices as a spiritual director. O'Shields enjoys riding his bicycle, practicing yoga and being a grandfather.

Immigration: History and the Current Debate, p. 10



**Merrill Jay Palmer** retired in 2006 after 31 years as the director of Choral Activities at the University of North Florida. In addition to his choral responsibilities at UNF, he also taught classes in conducting, music history, theory, voice and humanities. He chaired the Department of Fine Arts from 1981 to 1984. Palmer also served as director of Adult Music at Palms Presbyterian Church in Jacksonville Beach, Fla., for more than 27 years, retiring from that position in 2003. Palmer was an adjudicator, clinician and guest conductor for FMEA, Six Flags, Inc. in Georgia and Texas, the Florida Conference of the United Methodist Church and the New York State School Music Association. He led UNF choirs that toured Europe and sang in Notre Dame Cathedral, Paris, St. Thomas and St. Nicolai churches in Leipzig, Santa Maria Novella, Florence and Martinu Hall in the Academy of Performing Arts in Prague among many others. The UNF choirs he led performed in Charleston, Atlanta, Savannah, Palm Coast, Orlando, Tampa and numerous Jacksonville venues.

The Great Age of Vienna: Bruckner, Strauss, Jr., Wolf and Mahler, p. 24

**Evie Pankok** has been associated with the Duval County horticulture extension service since 1999. She currently serves as program assistant by promoting Florida-friendly landscaping and sustainable gardens. You can expect a dose of her trademark sense of humor if you take her class.

Gardening in Northeast Florida, p. 14

**T. Parkinson** holds a B.S. in physics from what is now Carnegie Mellon University and a doctorate in physics from the University of Pittsburgh. He spent five years studying planetary atmospheres at Kitt Peak National Observatory, followed by 23 years of applied physics in commercial product development and conducting contract research and development on underwater weapons for the Department of the Navy.

A Look at Low Pressure Steam Engine Systems, p. 15

**Al Poindexter** is a folk singer, songwriter and collector of Florida folklore. His artistry focuses on Florida legends, colorful characters and backwater places. Poindexter won the St. John's River Keeper songwriting contest in Sept. 2014 for his song "St Johns River Houseboat." He performs at folk festivals, libraries, cafes and other venues around North Florida.

North Florida Folk Music, p. 13

**Stan Porter** is a retired computer tech who enjoys art, architecture, walking, biking and reading. While living in Neptune Beach, he was a volunteer at BEAM, a food bank in the beaches area. He and his wife recently relocated to the Riverside area where they are regulars on the RAM ride, a Riverside Arts Market community bike ride that rides to coffee shops in the downtown, Springfield, San Marco and Riverside/Avondale neighborhoods. Porter is a longtime member of OLLI and currently serves on the ED-venture team.

Discover Beaches Art and History: J. Johnson Gallery and the Red Cross Life Saving Corps Station, p. 18

**Bill Prince** has maintained two musical career paths, one as a performer and the other as a teacher. He has performed with many musical giants including Buddy Rich, Dave Brubeck, Dizzy Gillespie, Henry Mancini, Tony Bennett, Arturo Sandoval and Ella Fitzgerald, as well as with a number of symphony orchestras. Prince has taught at five universities in three countries and has lectured on more than 70 campuses. One of his most unique talents is his ability to perform professionally on several instruments including trumpet, flugelhorn, trombone, flute, clarinet, saxophone, piano and bass. He produced his own CD, "Happy Thoughts," for which he composed, arranged and performed all parts.

Classical Music and All That Jazz, p. 15

Musical Failures and Mishaps, p. 16

What is Jazz?, p. 15

**Sarah Caissie Provost** is an assistant professor in musicology at UNF. Her major interests are 1930s era music and dance, though she will happily teach you about any kind of music. A flutist by training, Provost's life took a new direction when she began dancing the lindy hop, the original form of swing dance. Since then, she has danced all over the country and devoted her dissertation to Benny "King of Swing" Goodman.

Experiencing Opera, p. 12

**Christine E. Rasche** joined the faculty of UNF in 1972 and taught for 36 years before retiring. She founded UNF's criminology degree programs and taught sociology, criminology and women's studies courses. Rasche continues to teach part-time in UNF's graduate program in the areas of criminological theory, deviance and social control and the history and philosophy of corrections. She has a doctorate in sociology.

Why Do We Have Crime?, p. 14



**John Reeve** retired from the advertising and publishing industry. A Silver Life Master with more than 1,600 Master Points, John frequently competes in regional and national bridge tournaments.

Beginning Bridge: Part II of the Club Series, p. 12

Intermediate Bridge: Understanding Important Conventions, p. 15

**Glenn Ross** has been an OLLI member for five years and now teaches in the program. He is president of AllEnergy LLC, a company he started in 2004. As a technical consulting firm, the primary focus of AllEnergy is dispute resolution, mediation, contract interpretation and renegotiation for energy companies. Ross has worked with clients throughout North America, the United Kingdom, Japan and Europe. He has a B.S. in electrical engineering and an M.B.A.

Introduction to Woodcarving, p. 14

Clay Sculpting for Beginners, p. 11

Intermediate Woodcarving, p. 13

**Alan F. Rost** has been part of the zoo world since 1979 and has been an Association of Zoos and Aquariums Professional Fellow since 1988. Rost arrived at the Jacksonville Zoo and Gardens in early 1989.

21st Century Zoos and the Jacksonville Zoo and Gardens, p. 17

**Shashi Sathe** was born in India and came to the United States in 1971 to pursue her graduate studies. She has lived in several regions of the U.S. and Mexico but chose to retire in Jacksonville.

International Vegetarian Cooking, p. 16

**Ralph Sawyer** has facilitated or taught more than 30 courses since the inception of UNF OLLI. He is a retired Navy ophthalmologist and was chairman and residency director of the training program at the National Naval Medical Center for 15 years. He has lectured nationally at a number of ophthalmology organizations for 20 years. He has been interested in economics since college and has taught "Poverty in America" and "The Economic Crisis of 2008" in the past several years.

Great Decisions 2015, p. 23

**Jerry Seebol** is a financial adviser and has been in the financial industry for 24 years. He is a Certified Financial Planner and currently manages a large book of clients, where he focuses on retirement planning. He enjoys hosting educational seminars and community classes.

Municipal Bonds: A Foundation of Quality, p. 20

**Andrea Seebol Smithers** is a financial adviser at Morgan Stanley. She believes success in achieving important financial goals starts with a comprehensive strategy, whether accumulating wealth or investing for income, solidifying your retirement plan or devising a distribution approach that meets your lifestyle and legacy goals. Smithers is a guided portfolio manager and works on a family team with her father and her sister.

Women and Investing, p. 21



**Lauren Spencer**, public program manager at MOCA Jacksonville, creates a rich schedule that includes concerts, lectures, documentaries and performances. Lauren's passion is community education by connecting visitors to the art in the museum's galleries.  
Art of Our Time: A Beginner's Guide to Contemporary Art, p. 22

**Sally Steinauer** is a Florida master naturalist. She has been a member of the Florida Native Plant Society for nine years and currently serves as president of the local Ixia chapter. Steinauer is a co-leader of the chapter's restoration of Jacksonville's Native Plant Park. In 2013 she received the St. Johns Riverkeeper/Riverside Avondale Preservation award for Outstanding River Friendly Yard of the Year.  
Making Your Yard a Life Garden for Flying Flowers, Melodies and You, p. 14

**Antoinette "Tonette" Stubbs** began practicing tai chi when she and her husband lived in Hong Kong and taught the practice on cruise ships. Prior to her recent return to Jacksonville, she taught tai chi at West Marion Hospital and On Top of the World communities in Ocala, Florida.  
Meditative Tai Chi, p. 19

**Kathleen Thomas** has facilitated creative writing classes in diverse settings including hospitals, universities and veterans' programs. Thomas earned her M.F.A. in creative writing and received a Florida Individual Artist Fellowship. Throughout her career as a registered nurse, she has focused on bridging the creative and healing arts.  
Creative Writing and the Healing Journey, p. 12

**Gabriele Van Zon** is a feng shui master and senior member of the Feng Shui Institute of America. Her website [fengshuiuniversal.com](http://fengshuiuniversal.com) offers free newsletters and blogs. Van Zon has been teaching and consulting for 15 years.  
Discover the Secrets of Feng Shui, p. 13

**Ileana Velazquez** was born in Puerto Rico and moved to New York City with her parents at the age of three. After working as a licensed social worker for 36 years in Western Connecticut, she retired and taught social work and cultural diversity at the local college. Unfortunately, Superstorm Sandy scared her into moving to more pleasant temperatures. She is fluent in Spanish and credits her parents for instilling pride in her culture and language.  
Beginning Spanish Conversation: Part II, p. 14

**Charlene Vincent** holds an advanced master's degree in theology from Boston University and a master's of theological studies from Episcopal Divinity School. She has written two theses: "Giving Voice to Spirituality through Narrative" and "Pilgrimage and Divinity."  
Writing Your Spiritual Autobiography: An Introduction, p. 20

**Linda Ward** graduated from Wake Forest University with a B.A. in French and a love of travel. She lived in Asia and in Europe for 15 years, where she enjoyed learning about each different city and country. Ward has lived in Jacksonville for the last nine years. She was an accounting specialist at Merrill Lynch prior to retiring. She continues to enjoy world travel and exploring Jacksonville and the surrounding area.  
Discover Historic Mandarin at Walter Jones Historical Park, p. 13

**Chuck Watson** is a retired middle school science teacher, teacher educator and university professor. As a recent FIP (formerly important person), Watson is exploring ways to continue to build a rewarding life in retirement filled with his lifelong passions of teaching, learning, social justice and community service. He has found baking cookies and other pastries to be an advanced form of meditation.  
Getting in Touch with Your Inner Cookie or Baking as an Advanced Form of Meditation, p. 10  
Singing for the Joy of It: The New OLLI Joyful Voices, p. 23

## SPRING 2015 • FACULTY

**Debra Wilson** is a registered nurse and certified diabetes educator with more than 20 years experience in diabetes management care. She is an active member of the American Association of Diabetes Educators, American Diabetes Association and Juvenile Diabetes Research Foundation. Wilson's passions include teaching, travel and being a new grandmother. *Managing Your Diabetes*, p. 17

**Gary Whiting** is a freelance photographer, master naturalist and former Fortune 500 marketing executive. After many years in a corporate career, he has gone independent to pursue his vision. A dedicated film photographer since age 12 and now a complete digital convert, his goal is to create uncommon images of

nature, landscapes, architecture and machinery. He loves to experiment with different subjects and techniques to create unique works of art. Whiting has a B.S.B.A. in marketing and is a lifelong sailor. He is a UF/IFAS Coastal Systems Naturalist. He pursues his interests in photography while cruising Florida waters with his wife and two dogs, and also works part-time at Wild Birds Unlimited. Camera gear always in tow, you never know what he'll see next!

*Enjoying Backyard Birds with Your Camera*, p. 10

**Harry Yoffee** is a physician specializing in internal medicine who works part time as a consultant for the Veterans Administration and vocational rehabilitation. He has studied English history for more than 50 years. *The War of the Roses*, p. 9

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## Your OLLI Team Members

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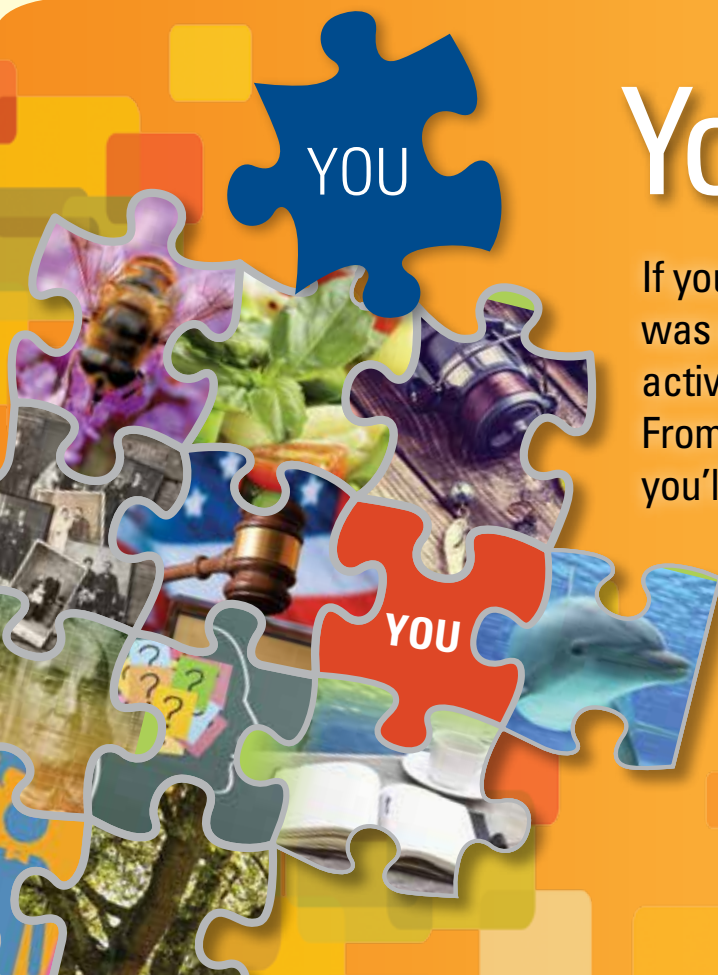
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